

What is CCASA?

Calgary Communities Against Sexual Abuse

(CCASA) is the primary sexual harassment, sexual abuse and sexual assault crisis, counselling and education service provider for Calgary and the surrounding areas. Our services are available to everyone including people of all colour, race, ability, sexual orientation, religion, education, socio-economic status, or gender.

Our Vision

Healthy communities free of sexual violence, including sexual abuse, sexual assault and sexual harassment.

Our Mission

To lead in the provision of specialized sexual violence services and educate communities to shift attitudes and responses to sexual violence.

CCASA offers free and confidential services, including:

- Counselling (Individual and Group)
- CCASA Support and Information Line
- Sexual Assault Response Team (24-Hour Hospital Accompaniment)
- Public Education and Training
- Police and Court Support (PACES)

Arrangements for interpreters available upon request.

CCASA Support & Information Line
9am-9pm – 7 days a week
403-237-5888

Alberta's One Line for Sexual Violence
(Phone/Text) 1-866-403-8000
TTY Line 403-508-7888
Chat www.calgarycasa.com

9am-9pm – 7 days a week

For more information on our programs and services:

Email | info@calgarycasa.com
Business | 403-237-6905

Suite 700, 910 7th Avenue SW
Calgary, Alberta T2P 3N8

Thank you to our funders:



WHO DO YOU TELL™ PROGRAM

A proactive and engaging program that educates elementary aged children, their parents/caregivers, and staff/support/agency workers around the topic of child sexual abuse.



Who Do You Tell™? Program

is an education and safety program that provides children with the skills and knowledge needed to recognize abuse, promote healthy relationships, and learn about body autonomy, and empowers children to access support from trusted adults in order to reduce the impacts of sexual violence.

The program is multi-session and includes teacher/ staff training, a parent/caregiver training, informative resources, and follow-up communication.

This program can be provided in elementary schools or any child-serving agency, such as an after-school program.

KEY MESSAGES TO CHILDREN INCLUDE:

1. **Children's Bodies Belong to Them**
2. **Child Sexual Abuse is Never a Child's Fault**
3. **Tell an Adult that you Trust**

FAQ

Will the program scare my kids?

The "Who Do You Tell?"™ program is child friendly and presented in a safe and fun environment for children. Think of it like a fire drill - children are generally not afraid of fires even if they have been taught what to do if one occurs.

Why teach kids the names of private parts?

When children know the names of their private body parts, it makes it easier for them to tell someone if they are being sexually abused. Children are never too young to learn the proper names of their private body parts.

What language do you use to describe child sexual abuse to children?

With children under 9 years of age, we describe child sexual abuse as a 'different kind of not okay touch' to differentiate between 'nice, ok touches' (e.g. hugs, kisses, and high fives) and 'hurtful touches' (e.g. touches that leave marks or bruises). With children aged 10 years and older, we say child sexual abuse and physical abuse.

Did you know?

- One in three Albertans (34%) experienced sexual abuse while they were under the age of 18. (AASAS Prevalence Report, 2019)
- 80-85% of the time, child sexual abuse offenders are known to the child (Stats Can, 1996)
- Child sexual abuse can happen to any child and the majority of cases go undetected and unreported

What to do if a child tells you about sexual abuse:

- Believe the child and remain calm
- Tell the child it is not their fault
- Do not ask why they didn't tell you sooner
- Tell the child you will try to help
- Report the abuse
- Support the child and get support for yourself
- Call CCASA's Support and Information Line

REPORTING CHILD ABUSE

Under the Alberta Government Child, Youth and Family Enhancement Act (2012), if there is reason to believe a child has been or is at risk of abuse or neglect by a parent or guardian it must be reported to Calgary and Area Child and Family Services.

Calgary and Area Child and Family Services
403-297-2995 (24 hrs.)

Calgary Police Service – Child Abuse Unit
403-266-1234 (24 hrs.)
403-428-2211

Child Abuse Hotline
1-800-387-5437

