

What is CCASA?

Calgary Communities Against Sexual Abuse (CCASA) has been the primary provider of crisis support, counselling, and education related to sexual harassment, sexual abuse, and sexual assault in Calgary and the surrounding area for over 30 years. We are committed to serving people of all races, ethnicities, religious beliefs, gender identities, sexual orientations, abilities, sizes, or ages.

Our Vision

Healthy communities free of sexual violence, including sexual abuse, sexual assault, and sexual harassment.

Our Mission

To lead in the provision of specialized sexual violence services and educate communities to shift attitudes and responses to sexual violence.

CCASA offers free and confidential services, including:

- Counselling (Individual and Group)
- CCASA Support and Information Line
- Sexual Assault Response Team (CSART)
- Public Education and Training
- Police and Court Support (PACES)

Arrangements for interpreters available upon request.

CCASA Support & Information Line

9am-9pm – 7 days a week
403-237-5888

Alberta's One Line for Sexual Violence

9am-9pm – 7 days a week
Phone/Text: 1-866-403-8000
Chat: www.calgarycasa.com

To learn more about our programs or services, or to access support:

Email | info@calgarycasa.com
Phone | 403-237-5888
Website | calgarycasa.com

Suite 700, 910 7th Avenue SW
Calgary, Alberta, T2P 3N8



Thank you to our funders:



WHAT WE DO



CCASA Support and Information Line

Our Support & Information Line (403-237-5888) is available to anyone who has been affected by any form of sexual violence. Through this line we offer crisis intervention, emotional support, supported decision making, information about the many forms of sexual violence, and referrals to community resources.

All services are free and confidential.

Individual and Group Counselling

We provide free individual and group counselling for people aged 12 and older who have experienced any form of sexual violence, including sexual harassment, sexual abuse, and sexual assault. Sexual violence can have lasting emotional, psychological, and physical effects, including difficulties with sleep or eating, flashbacks, recurring thoughts, feelings of guilt, shame, confusion, or emotional numbness. Our therapists work with individuals to understand these impacts, develop coping strategies, and support healing and recovery. We also provide counselling for those who are supporting someone who has experienced sexual violence.

Calgary Sexual Assault Response Team (CSART)

The Calgary Sexual Assault Response Team (CSART), based at the Sheldon Chumir Health Centre, provides specialized 24/7 care to individuals who have been sexually assaulted within the last 7 days (168 hours). Services include medical care, emotional support, forensic evidence collection, reporting guidance, and information to help survivors make informed choices about their next steps. The service is available to anyone 14 years of age or older. Children under 14 are supported at the Alberta Children's Hospital.

Police and Court Support (PACES)

The PACES program provides specialized information, education, and support to people who have experienced sexual violence as they navigate the legal system or consider doing so. If you are thinking about reporting or have reported a sexual assault to police, PACES can answer questions about your options, provide emotional support, attend police, Crown, and court appointments with you, and connect you to additional resources.

Education and Training

CCASA's Training, Resource, and Education Centre (TREC) provides workshops and training on sexual violence, including its causes, impacts, and prevention. Our programs build the knowledge and skills needed to respond to disclosures in a supportive and trauma-informed manner. We offer training in a variety of settings, including communities, schools, and workplaces.

Workshops and trainings are available for:

- Public & Professionals (in groups of 6 or more)
- Children & Youth (ages 5-18)

VOLUNTEER AND COMMUNITY ENGAGEMENT

Our volunteers are an invaluable source of support and strength in providing quality sexual abuse and sexual assault services. They are our ambassadors to the community at large, and work alongside us to change attitudes and behaviours surrounding the issue of sexual violence. Volunteers primarily offer assistance via CCASA's Support and Information Line, Alberta's One Line for Sexual Violence, as well as through booths and special events.

OUR COMMITMENT TO THOSE WE SERVE:

- You are believed
- What happened to you is not your fault
- Your feelings are valid
- Your needs come first
- Your choices will be respected

HOW YOU CAN SUPPORT OUR WORK:

- Make a donation
- Volunteer
- Refer people to CCASA who are in need of support services or education
- Promote and advocate for CCASA by sharing our message

Donations can be made online at:

www.calgarycasa.com

If you prefer your donation to benefit a specific program or CCASA service, please include a note specifying your request so your contribution is designated appropriately.

Calgary Communities Against Sexual Abuse
Charitable Number (BN) 14026 5612 RR0001

