



Are you a school or community agency working with youth between the ages of 15-18? Check out this information package and contact us to learn more!



CCASA

CALGARY COMMUNITIES AGAINST SEXUAL ABUSE

Components of the Program

As a comprehensive program, it offers educational opportunities to youth, their parents / caregivers as well as teachers and staff about sexual violence.

1 Staff Information Session

CCASA Public Educators are responsible for the delivery of the youth program. However, the staff within your school or agency play an integral part in assuring an effective and smooth delivery. In this workshop, we will cover a brief outline of the youth program, learning objectives, an overview of sexual violence and supportive ways of responding to a disclosure of sexual violence.

2 Parent & Caregiver Information Session

An information session and workshop to familiarize parents and caregivers with the content and messaging of the program. Participants will receive an overview of sexual violence, strategies for talking to their teens about sexual violence and how to respond to disclosures. There will also be an opportunity to review common questions with the facilitators.

3 Youth Program

CCASA Educators will facilitate 4 1 hour and 20 minute modules that have two primary goals:

1. To prevent future occurrences of sexual violence by equipping participants with the tools to identify and challenge potentially harmful attitudes, beliefs and behaviors in self and others, promote healthy and respectful relationships and be agents of change in their schools and communities.
2. To lessen the impacts of sexual violence by equipping participants with the tools to positively support themselves and others after experiencing sexual violence and access the support of adults and community professionals. We also create space for youth to engage with this topic critically in a safe space.

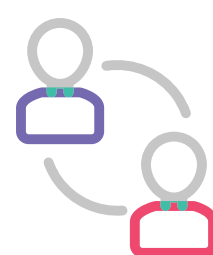
Sessions Include:

1. Introduction to Sexual Violence
2. Consent & Sexual Harassment
3. Sexual Assault & Online Sexual Violence
4. Supporting Ourselves & Others

In addition, the program:



Is developed based on the best available evidence-based and promising practices for sexual violence education with youth.



Is interactive, participatory and adaptable to the needs of individual schools and communities.



Uses age-appropriate content, language and teaching tools. Sessions incorporate learning, assessment and reflection opportunities.

Aligning With Alberta Education Curriculum Outcomes

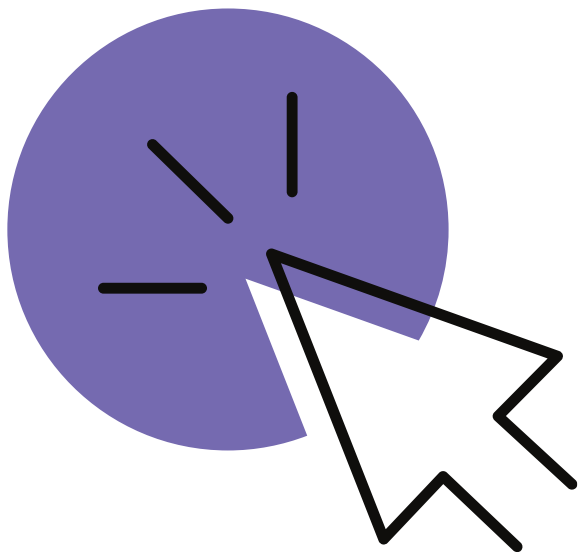
CCASA is committed to supporting Educators in achieving curriculum outcomes. Our 4 session program for youth (ages 15-18) meets the following Career and Life Management curriculum outcomes for participants in Grades 10-12

Section	Outcome
<div>Personal Choices:</div> <div>Students will apply an understanding of the emotional/psychological, intellectual, social, spiritual and physical dimensions of health - and the dynamic interplay of these factors - in managing personal well-being.</div>	<div>P-2 Evaluate choices and combinations of choices that can create barriers to achieving and maintaining health, and identify actions to improve health</div> <div>P-7 Analyze a variety of strategies to achieve and enhance emotional and spiritual well-being</div> <div>P-8 Develop and assess strategies for anticipating, identifying, managing and embracing change</div> <div>P-9 Demonstrate and apply effective communication, conflict resolution and team-building skills</div> <div>P-10 Examine various attitudes and behaviours for developing meaningful interpersonal relationships</div> <div>P-13 Investigate how science, technology and media affect wellness</div> <div>P-14 Evaluate resources and support systems for each dimension of health and well-being for self and others</div>
<div>Resource Choices:</div> <div>Students will make responsible decisions in the use of finances and other resources that reflect personal values and goals and demonstrate commitment to self and others.</div>	<div>R-1 Identify personal resources, and explain how they could be of value to self and others</div> <div>R-3 Examine sources of lifestyle aspirations, and relate these to personal resources</div>

[1] Alberta Learning.(2002). Career and Life Management. Program Rationale & Philosophy. Alberta, Canada.

Bringing the Program to your School or Community Group

Interested in knowing more? Or curious about what the booking process looks like? Read on for more information.



You'll Submit a Request

You can submit a request to book or request more information using the link on our website or by emailing the address below



We'll Give you a Call

Within 24 hours we will follow-up with you. We will review program specifics and answer any questions you may have.



We'll Host a Meeting

If you decide to book, we will schedule a meeting (in-person or via phone) with all required parties – including yourself, school administration and anyone else the school determines as relevant (eg. school counsellors)



We'll Send a Confirmation & Agreement

As a follow-up, you will receive a booking confirmation as well as a service agreement outlining the responsibilities and obligations discussed at the previously mentioned meeting.

Contact Us @

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See what we're up to
@calgarycasa

